

Rockley Adventure

Learning Objective Matrix

Our range of activities at our centres also support specific learning outcomes and our matrix will help you identify which of our activities will best support your aims and objectives.

KEY		LEADERSHIP	TEAMWORK	ENVIRONMENTAL AWARENESS	PERSONAL SKILLS DEVELOPMENT	WELLBEING	CHALLENGE	MOTIVATION	SELF CONFIDENCE	COMMUNICATION SKILLS	RESILLIENCE	SELF AWARENESS
★	Low											
★★	Medium											
★★★	High											
WATER ACTIVITIES	Sailing	★★★	★★★	★★	★★★	★★★	★★★	★★★	★★★	★★★	★★★	★★★
	Windsurfing	★★	★★	★★	★★★	★★★	★★★	★★★	★★★	★★★	★★★	★★★
	Bellboating	★★	★★★	★★	★★★	★★	★★★	★★	★★★	★★★	★★★	★★
	Stand Up Paddleboarding	★★	★★	★★	★★★	★★	★★★	★★	★★★	★★	★★	★★
	MegaSUP	★★	★★★	★★	★★★	★★	★★★	★★	★★	★★★	★★★	★★
	Canoeing	★★	★★★	★★	★★★	★★	★★★	★★	★★★	★★★	★★★	★★
	Kayaking	★★	★★	★★	★★★	★★	★★★	★★	★★★	★★	★★	★★
	Raft Building	★★	★★★	★★	★★★	★★	★★★	★★	★★★	★★★	★★★	★★
LAND ACTIVITIES	Buddens Challenge	★★★	★★★	★★	★★★	★★★	★★★	★★★	★★★	★★★	★★★	★★
	Zip Wire	★★	★★	★	★★	★★	★★★	★★	★★★	★★	★★★	★★★
	Abseiling	★	★	★	★★	★★	★★★	★★★	★★★	★★	★★★	★★★
	Climbing	★★	★★	★	★★★	★★	★★★	★★	★★★	★★	★★★	★★★
	Dry Tooling	★★	★★	★	★★★	★★	★★★	★★	★★★	★★	★★★	★★★
	Jacobs Ladder	★★★	★★★	★	★★★	★★	★★★	★★★	★★★	★★★	★★★	★★★
	High All Aboard	★★★	★★★	★	★★★	★★	★★★	★★★	★★★	★★★	★★★	★★★
	Crate Stacking	★★★	★★★	★	★★★	★★	★★★	★★★	★★★	★★★	★★★	★★★
	Gauntlet	★★★	★★★	★	★★★	★★	★★★	★★★	★★★	★★★	★★★	★★★
	Tomahawk	★	★	★	★★★	★★	★★★	★★	★★	★★	★★★	★★
	Nightline	★★★	★★★	★★	★★★	★★	★★★	★★	★★★	★★★	★★	★★★
	Team Building	★★★	★★★	★★	★★★	★★	★★	★★	★★★	★★★	★★★	★★★
	Orienteering	★★★	★★	★★	★★★	★★	★★	★★	★★★	★★★	★★	★★
	Fire Lighting	★★	★★	★★	★★	★★	★★	★★	★★	★★	★★	★★
	Code Breaker	★★★	★★★	★★	★★★	★★	★★★	★★	★★★	★★★	★★	★★★
	Archery	★	★	★	★★★	★★	★★★	★★	★★	★★	★★★	★★
	Problem Solving	★★★	★★★	★★	★★★	★★	★★★	★★	★★★	★★★	★★	★★★
Icebreakers	★★★	★★★	★★	★★	★★	★★★	★★	★★★	★★★	★★	★★★	
Campfire	★★	★★	★★	★★	★★	★★	★★	★★	★★	★★	★★	
Egg Drop	★★★	★★★	★★	★★	★★	★★	★★	★★★	★★★	★★	★★★	