




LEVEL 3 EXTENDED DIPLOMA IN  
SPORT (OUTDOOR ADVENTURE)

APPRENTICESHIPS

COME & SEE US AT ONE  
OF OUR **OPEN EVENTS**

Our Open Events and  
Campus Tours are the  
perfect opportunity for you  
to check out our campus,  
speak to teachers and chat  
to students. All our events  
are listed on our website -  
[www.rockley.org/college/open-events](http://www.rockley.org/college/open-events)  
or simply scan the QR code.



 @RockleyCollege  
 @Rockley1  
 @rockleycollege



Rockley Campus  
Poole, BH15 4RW  
01202 677272  
[college@rockley.org](mailto:college@rockley.org)  
[rockley.org/college](http://rockley.org/college)

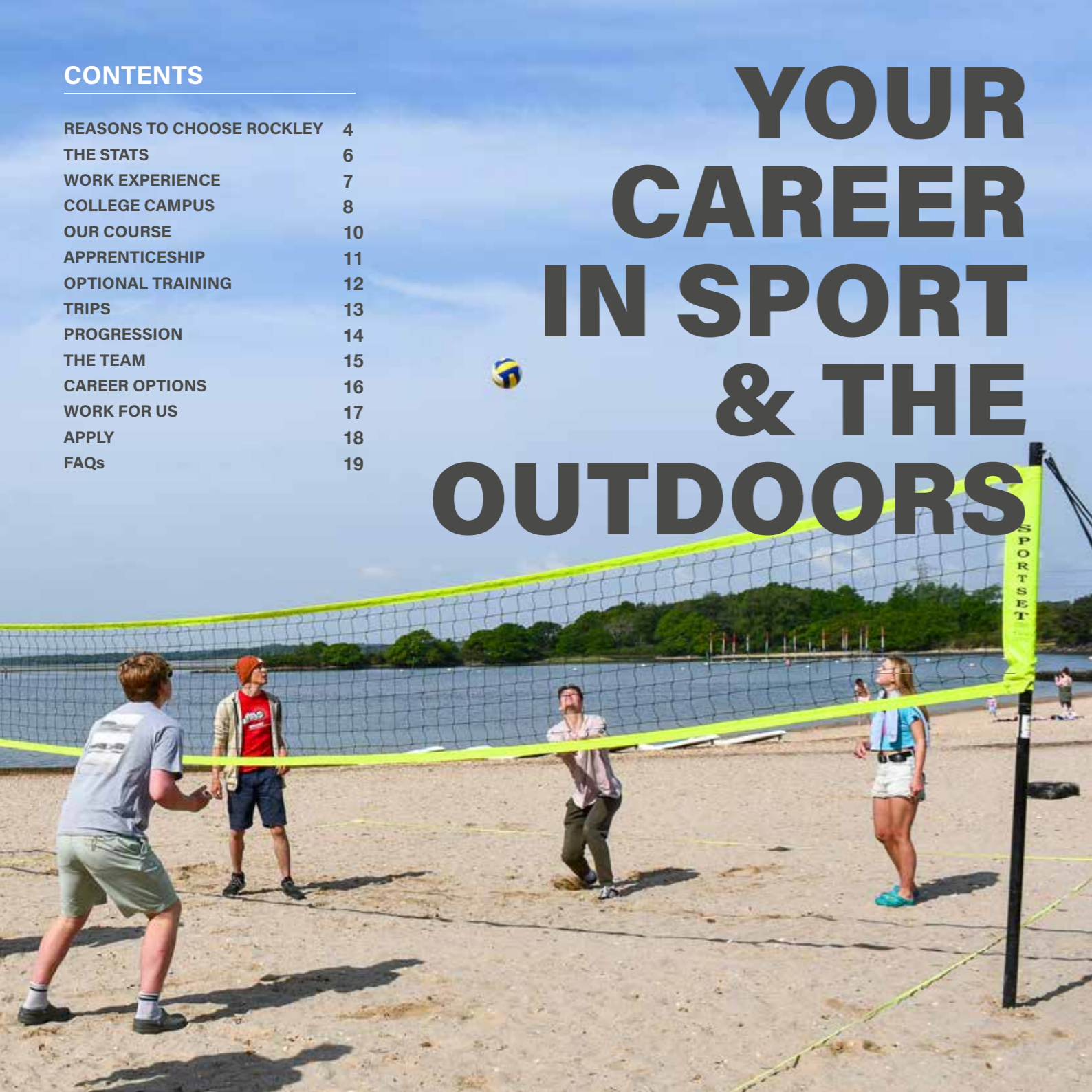


YOUR  
FUTURE

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# YOUR CAREER IN SPORT & THE OUTDOORS



## WELCOME TO ROCKLEY COLLEGE

Clare Hicks, Head of Education

Thank you for considering Rockley College for the next stage of your educational journey. We have a long established reputation for delivering excellent training and education with a unique learning and teaching experience that will push you to achieve things you never thought were possible! We cannot wait to help you in achieving your goals and guide you in your chosen career - doing something you love.

Based at Rockley Point in Poole, our sixth form courses are thriving with over 100 full time learners each year choosing to study with us. Our unique outdoor adventure programmes offer students a truly vocational learning experience which embeds work experience and extra qualifications. Learners develop the knowledge, behaviours and skills to succeed both at sixth form and beyond, with direct skills and qualifications for employment and also the entry requirements to progress on to university.

With students working all over the world in watersports and the outdoors or studying at university, we are really proud of the courses we offer. Our experienced and dedicated staff are focused on helping each student progress in their future in sport and outdoor adventure.



“From the first open day to the last day you leave, Rockley want the best out of every student and they won't stop helping and giving you the attention and advice you need to be able to succeed.”

Katia McCrudden - Bryanston School

# REASONS TO CHOOSE ROCKLEY



## REAL LIFE LEARNING

Everything we do at Rockley is based on real life situations. You will be immersed in a work environment allowing you to further develop your understanding of the outdoor industry. Practical learning perfectly compliments our classroom teaching.

## A WORLD OF OPPORTUNITIES

Our courses prepare you for an exciting future. So, whether you decide to progress to university or go on to pursue a career in the outdoor, leisure or sport industry you will be confident that the skills and knowledge you have acquired with us will help get you there.



## WE LOVE TRIPS

We believe in applying learning and we do this by getting on the water, getting outside and by doing. Visits include: Our sister site - Buddens Activity Centre in the Purbecks, surf weekend to Devon, walking expeditions and a ski trip.



## FREE TRAINING WORTH UP TO £4000

Our FREE optional training programme allows you to up-skill and work towards a range of National Governing Body and inhouse qualifications in both water and land based activities.



## YOUR CAMPUS IS ON THE BEACH

All our classroom lectures and water-based practical teaching take place at our Rockley Point campus on the beach! With excellent facilities and equipment and direct access to the beach, this truly is a unique college environment.

## VARIETY OF SPORTS

Whether you love sports on the water or land - we've got it covered! Thanks to our fantastic range of locations, our excellent facilities and the standard of training we provide, you will have the opportunity to develop skills in a sport you already love as well as developing new passions.



## WORK EXPERIENCE

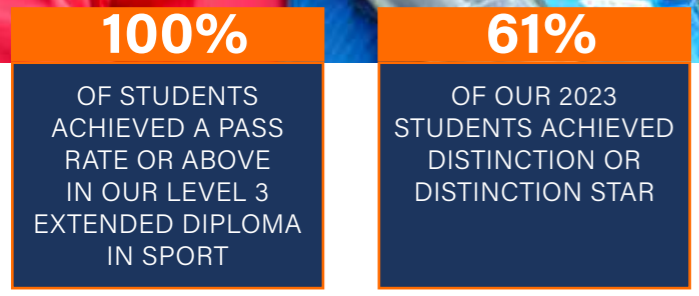
We strongly believe in our students learning through doing and they can work alongside our instructors throughout the course. All students also complete a period of work experience in the summer term with placements across our three UK centres.



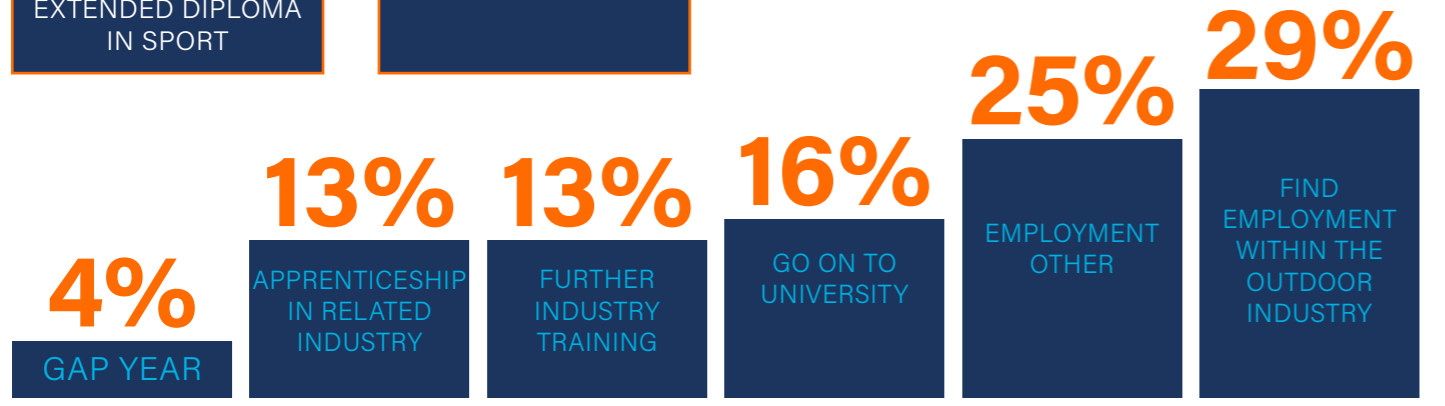


# SKILLS FOR LIFE

We want our learners to achieve independence and the skills they need for the career, which they aspire to have. Our courses are designed with employability in mind, teaching the life skills required and applying it to a working environment.



## THE STATS



# WORK EXPERIENCE

Our courses are vocational in nature and as you would expect, work experience is fully included and a valued part of the course.

One of the key benefits of work experience is that it allows you to explore how you can apply your skills and aptitudes as a professional. All students complete work experience with Rockley in the summer term and placements are at one of our three UK centres.

The process of developing existing skills and gaining new skills will deepen your understanding of how a company operates as well as giving you the confidence to adapt and improve, in turn will set you up for success in your future career.



"I chose the course because I wanted to combine my passion for the outdoors with a full-time education and development programme whilst gaining valuable qualifications and real-life work experience of working in within the industry."

Amelia Clarke - Queen Elizabeth School



# UNIQUE LOCATIONS



## COME & SEE US AT ONE OF OUR OPEN EVENTS

Our Open Events and Campus Tours are the perfect opportunity for you to check out our campus, speak to teachers and chat to students. All our events are listed on our website - [www.rockley.org/college/open-events](http://www.rockley.org/college/open-events) or simply scan the QR code.



## ROCKLEY CAMPUS & SATELLITE CENTRES

### ROCKLEY POINT CAMPUS

All our sixth form courses are based at our Rockley Point Centre in Poole. As a working watersports centre, sixth form with us feels different to a traditional school environment. With excellent facilities and equipment, your new campus is right on the beach and where you will have the opportunity to gain all your practical water-based training. [See page 12 for details](#)

### BUDDENS ACTIVITY CENTRE

Located in the beautiful Isle of Purbeck and the Jurassic Coast, Buddens boasts 96 acres of natural countryside, heathland, woodland and plantation. Here, you will develop skills in a vast range of land-based activities. [See page 12 for details](#)

### POOLE PARK LAKE

Based at Poole Park Lake, students get the opportunity to develop their new skills here and experience working alongside our staff for several events we run here throughout their course.



Rockley Point



Buddens Activity Centre



Poole Park Lake

## YOUR EXPERIENCE

Your study programme provides you with the opportunity to complete assignments and activities based on realistic situations linked to working in a variety of outdoor adventure environments.

### BENEFIT FROM:

- Virtual learning platform with all resources available to you
- A Personal Tutor and weekly tutorials
- Parent's evening and termly reports on progress
- Support with finance, transport and bursaries
- Relevant work experience



## LEVEL 3 EXTENDED DIPLOMA IN SPORT & PHYSICAL ACTIVITY (OUTDOORS)



# OUR COURSE

### ENTRY CRITERIA

- Five or more GCSEs, including English or Maths at grade 4 or above.
- 16 years by 31st August
- Ready to start in September

**With 18 units, the two-year Level 3 Extended Diploma course really covers the depth and breadth of the skills, knowledge and understanding required to work in the Sports and Outdoor Adventure Industry. Equivalent to 3 A-Levels, it also carries UCAS points and is therefore suitable for progression to university.**

### EXAMPLE MODULES

#### YEAR 1 - SKILLS BUILDER YEAR:

##### Topics include:

- Exercise, Health and Lifestyle
- Principles & Practices in Outdoor Adventure
- Practical Team Sports
- Skills for Water-based Activities
- Skills for Land-based Activities
- Work Experience in Sport

#### YEAR 2 - INSTRUCTOR READY:

##### Practical skills include:

- Alternative Pursuits
- Sports Nutrition
- Equipment and Facilities
- Sports Coaching
- Expeditions and Leading Land Based Activities & Water Based Activities.

## LEVEL 3 OUTDOOR ACTIVITY INSTRUCTOR APPRENTICESHIP



# EARN WHILE YOU LEARN



### ENTRY CRITERIA

- Five GCSEs including English and Maths at Grade 4
- A passion for the outdoors and sport
- Personal Skill Level in water and land-based activities
- A desire to work with young people
- Sports Leadership, Coaching or Outdoor Instructor experience
- Be 18 years old by 31st August and ready to start in September

**This course is specifically designed to kick start your career in the outdoor. You will be trained in all the water and land based activities we deliver and have the opportunity to work across all our three UK centres as part of the delivery team and in more senior roles.**

### THE PROGRAMME

You will have a full induction into the company and will cover elements such as First Aid, Health and Safety, Customer Care, Manual Handling, COSHH, Child Protection and Safeguarding. You will be fully trained in how to do your role as an Activity Instructor learning all operational procedures.

As part of this training, you will complete a portfolio of evidence for the following units:

- |                         |                             |
|-------------------------|-----------------------------|
| • Preparing Sessions    | • Meeting Session Outcomes  |
| • Delivering Sessions   | • Organisation Requirements |
| • Completing Sessions   |                             |
| • Behaviours            |                             |
| • Professional Practice |                             |

**EXPERIENCE IN THE ACTIVITIES WE DELIVER IS NOT A NECESSITY BUT WOULD BE A DISTINCT ADVANTAGE.**

# OPTIONAL INSTRUCTOR TRAINING

Our optional extra practical days are FREE and available to all students. These water and land based activities enable you to work towards a range of National Governing Body and inhouse qualifications and will give you the unique opportunity to add a plethora of skills and qualifications to your CV.



## WATER

- Sailing
- Windsurfing
- Paddleboarding
- Canoeing
- Kayaking
- Powerboating
- Raft Building

## LAND

- High Ropes
- Low Ropes
- Climbing
- Abseiling
- Mountain Biking
- Walking
- Orienteering
- Tomahawk
- Throwing
- Archery
- Team Building
- & many more



"Take every opportunity. The additional courses they offer are not normally free so take as many as you can. Try your hardest and pursue your own path - coming to Rockley College has been the best thing I have ever done."

Harry Peters - Clayesmore School

# WE LOVE TRIPS

Each year we offer numerous exciting and active trips and days out including: coasteering, water parks, walking and mountain biking expeditions, ski, snowboarding and surfing. These quality enrichment experiences not only fully support and enhance your learning and development but also offer a fabulous opportunity to enhance relationships with your fellow students.



# YOUR PROGRESSION



## UNIVERSITY

Continue your studies to Higher Education. Successful completion of your programme will provide you with the option to apply for university. As part of your weekly tutorials you will receive support and guidance with your application.

**Antonia** - Former QE Student

Antonia graduated from Rockley College with Distinction\* as well as her Paddlesport and RYA Windsurf Instructor qualifications. She will be starting her chiropractic degree at the AECC University in September.

*"I knew that the best chance of me getting into university was by doing a course which is course-work based over A-Levels. I took additional modules including Sports Injuries to ensure I would be accepted. It's not the conventional route but it worked for me. It's a long course but it's what I really want to do."*



## EMPLOYMENT

Having showcased your skills, knowledge and personality through work experience and direct engagement with employers, you will be perfectly positioned to secure meaningful employment.

**Jo** - Former Poole High Student

From college student to Guest Experience Manager at Buddens Activity Centre, **Jo** is now a full-time employee at Rockley. Jo graduated in 2019 and has been with us ever since, working across all our centres. She has gained a plethora of skills and qualifications and loves her managerial role at Rockley's largest UK based centre, Buddens.

*"I've always loved being outdoors and A-Levels never really gave me the option for that. The course boosted my confidence massively. Yes, you have to work hard but there is so much support and so many opportunities."*



## APPRENTICESHIPS

Combine further study with employment. Upon completion of your course you will be eligible to apply for an apprenticeship within the sports and leisure industry.

**FINN** - Former Highcliffe School Student

**Finn** applied for Rockley's Apprenticeship programme after graduating from Rockley's 2-year Level 3 Extended Diploma in Sport (Outdoor Adventure) course, during which he also gained his RYA Dinghy and Windsurfing Instructor qualifications. He wanted the opportunity to "work and learn at the same time." He is keen to up-skill as much as he can, quickly gaining his RYA Senior Instructor qualification during his apprenticeship.

*"I love watersports - it's my passion and if you want to succeed, just put yourself out there and work for it. Sign up for everything and don't be afraid of new things - plus it's a lot of fun!"*

# MEET THE TEAM



Clare



Mark



Pete



Amelia



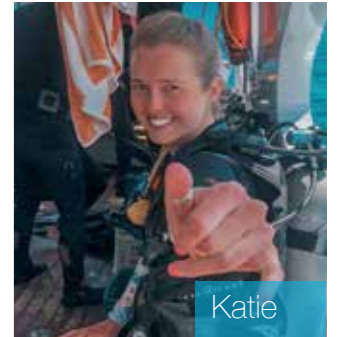
John



Steph



Matt



Katie

## OUR SUPPORT

We are here to support you as you take the step from school to college and throughout your college journey. Whether you need career or progression advice, financial or welfare support or just someone to talk to - we will be with you every step of the way.

The Rockley Team is made up of a hugely talented, dynamic and experienced group of individuals who are passionate about sports, the outdoors and teaching.

It is our job to inspire and motivate each student to exceed their own expectations. Whether you are using this course as an

opportunity to kick start your career in the outdoor and leisure industry, or it is your route to university, we will go above and beyond to ensure you reach your full potential.

Come and meet the team at our Open Events and see how inspiring we are. Check out our website for dates.

## Our Partnerships - together we are stronger

Through our partnerships with LeAF Studio School and Bournemouth and Poole College we are able to offer unique and quality vocational training programmes which will develop a student's practical skills in a variety of sporting and outdoor adventurous activities.





VIEW OUR VACANCIES



# WORK FOR US

## START YOUR CAREER IN THE OUTDOOR INDUSTRY

Once you have graduated, there are many opportunities with Rockley to further your career. We have a range of land based, instructor, senior and management roles available which will allow you to make use of the skills you have learnt during your time with us. There are also plenty of opportunities to upskill and gain further qualifications.

[team@rockley.org](mailto:team@rockley.org) 01202 677272

**#BEPARTOFIT**

### BUSINESS ROLES

- Sports Agent
- Sports Marketing
- Sports Journalist
- Sports Media Commentator
- Sports Lawyer
- Sports Agent

### OUTDOOR

- Outdoor Activities Instructor
- Assistant Activity Leader
- Outdoor Centre Manager
- Mountain Leader
- outdoor Event Organiser

### MANAGEMENT ROLES

- Fitness / Gym Manager
- Leisure Manager
- Director / Head of Centre
- Education Manager

### WELLBEING

- Community Health Officer
- Pilates / Yoga or Tai Instructor

### TEACHING

- Primary Teaching
- PE Teacher

# CHOOSE YOUR CAREER PATH

There are a huge range of roles available within the sport sector - choose from a career as a Coach, a Sports Journalist, a Sports Scientist or many other careers. This course is designed to give you the skills to help you find the ideal career path for you in this exciting and dynamic industry.



### DEVELOPMENT

- Sports Development Manager
- Sports Development Officer

### COACHING

- Community
- Elite Performance
- Assistant Coach
- Coach
- Advanced / Senior Coach

### FITNESS

- Swimming Teacher
- Leisure Centre Manager
- Receptionist
- Recreation Assistant
- Lifeguard
- Team Leader

### ELITE SPORT

- Athlete
- + Sponsorship
- + Performer
- Sports Analyst
- Sports Scientist
- Physiotherapist
- Strengthening & Conditioning Professional
- Sports Scientist
- Sports Nutritionist
- Driver
- Sports Kit Manager

### LEISURE

- Fitness Facilities Manager
- Gym Instructor
- Group Exercise Instructor
- Personal Trainer
- Membership Consultant

# THE APPLICATION PROCESS



1

## APPLICATION

Visit our website and download the application form. Complete and send to: [college@rockley.org](mailto:college@rockley.org). We are taking applications from September.



2

## OPEN EVENT

Throughout the year, we hold Open Events and Campus Tours where you can gain further information and advice from our teachers, instructors and students.



3

## INTERVIEW

Your interview will take place at our Rockley Point campus. If you are successful, you will receive an offer letter. This will be a conditional offer.



4

## FRESHERS DAY

Taking place in June, this is the perfect opportunity to meet your fellow students and discover more about your chosen course.



5

## ENROLMENT

After you have collected your GCSE results, come and see us to enrol on to your course. This is where you will formally register for your course.



6

## INDUCTION

It's time to begin your sixth form adventure with us at Rockley.

**CONGRATULATIONS!**

Our main application window begins in September. You are able to apply for our courses all year however we do advise you to apply as early as possible.



## FAQs

Below are some of the questions we think you may have, however if there is anything else you would like to know, please refer to our website - [www.rockley.org/college](http://www.rockley.org/college) or do not hesitate to contact the college staff on 01202 677272 or [college@rockley.org](mailto:college@rockley.org)

### HOW DO I APPLY?

We are a particularly popular choice for a lot of people, so we advise everyone to apply from September of the year before you join us, using our online application form. Simply complete the form and email it to us - [sollege@rockley.org](mailto:sollege@rockley.org) and we will be in touch to arrange an interview. We are normally full by Christmas so don't delay!

### DO YOU OFFER ACCOMMODATION?

We get this question a lot and unfortunately, we do not offer accommodation with our courses. If you would like help with finding accommodation then please just drop us an email and we will try and help as much as we can.

### DO YOU OFFER FINANCIAL HELP?

Bursaries are available and can be applied for at the start of the course. Please ask for details.

### HOW DO I GET TO CAMPUS?

Most of the students travel to our Rockley campus by train. Our nearest station is Hamworthy and is well served by all the London direction trains and those from Weymouth covering most of our catchment area. Aside from the trains, local students tend to cycle, car share or skateboard/scooter in each day!

### WHAT KIND OF KIT DO I NEED?

As this is an outdoor adventure college, you will need specific clothing for the activities we offer on our courses. We try and keep this kit list as small as possible but essential items include a wetsuit, waterproof coat and walking boots. We are happy to advise in any way when it comes to you

selecting your kit. You'll also need all the standard classroom equipment - pens, paper, folder, and access to a laptop for your coursework.

### IS THERE PARKING?

Parking is available for students although we advise that students car share where possible. This will ease the pressure on parking spaces and considers the environment.

### HOW LONG IS THE COLLEGE DAY?

This will vary from day-to-day. An average day will see lessons starting at 09:00 and finishing at 16:25 although some may experience full days and some half days.

### WHAT ARE YOU DOING TO CONSERVE THE ENVIRONMENT?

We have made huge strides to ensure that as a college we are reducing our carbon footprint. We encourage all students to bring a reusable drinks bottle and we will ask students to participate in beach cleans. More details can be found on our website.

### WHAT ABOUT PASTORAL CARE?

We understand that there may be times where you will need additional help. Our staff will be available to help you with your learning throughout your time with us, offering you all the support and advice you need.

### WHAT CATERING FACILITIES ARE AVAILABLE?

Harbour's Edge cafe is situated on campus, on the beach. This is a favourite gathering point for students where they can purchase a range of food and drink.